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**For Immediate Release**

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## **FOOD LOVERS GET READY TO WHIP IT UP AT THE ELKIN CREEK GUEST RANCH'S "GREAT CANADIAN COWBOY COOKOUT" PACKAGE**

**VANCOUVER, BRITISH COLUMBIA, April 15, 2008** – Bring a healthy appetite and your creative cooking skills to the Elkin Guest Ranch for the *Great Canadian Cowboy Cookout* this Canada Day long-weekend. Created for food lovin' cowboys and cowgirls alike, the culinary extravaganza features an exciting host of mouth-watering activities and outdoor fun. Set to take place from June 27 through 30, the Great Canadian Cowboy Cookout package is priced at \$825 per person based on double occupancy and includes three nights of accommodation, all meals, activities, and the complete Elkin Creek Guest Ranch experience.

Under the tutelage of Executive Chef Allan Schafer, some of the weekend gourmet highlights that guests can expect includes an authentic ranch-style pig roast, smoked venison provided by the local First Nations band, and everyone's favourite – a mystery cook-off. Build a fire from scratch with a secret sack of local products and produce, prepare up a feast fit for a cowboy. After the cookout, kick back around the campfire under a clear, starry sky with marshmallow in hand and sing a few tunes and share some stories.

During the day, cowboys and cowgirls will be busy working up their appetite riding the range with their four-legged friend, or taking advantage of the ranch's host of other activities including fly-fishing, mountain biking, hiking, swimming, fishing, windsurfing, canoeing or kayaking. With breathtaking views of the Nemaiah Valley and Mount Tatlow, it's all about enjoying and the outdoors, eating good food, and having loads of fun no matter what you choose to do.

...because everyone needs a little adventure in their life

Set in Central British Columbia's pristine Chilcotin region between Chilko Lake and the Brittany Triangle the 70,000-acre Elkin Creek Guest Ranch offers luxurious accommodation in one of the ranch's seven 2-bedroom, traditionally built log cabins, or in the Hill House with 5-bedrooms and

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a stunning river rock fireplace. For more information, call Adventure West Resorts at call 1-877-3-GO-WEST (1-877-346-9378) or visit [www.adventurewestresorts.com/elkin](http://www.adventurewestresorts.com/elkin).

*Adventure West Resorts is a multi-faceted destination experience provider that delivers an authentic Canadian adventure. Experience the unexpected with Ocean Explorer Sportfishing, Adventure Fjord Heli-skiing and Elkin Creek Guest Ranch. For more information and reservations, call 1-877-3-GO-WEST (1-877-346-9378) or visit [www.adventurewestresorts.com](http://www.adventurewestresorts.com).*

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